

## **Philippians 1:19-26 NIV**

19. For I know through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance.

20. I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.

21. For to me, to live is Christ and to die is gain.

22. If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know!

23. I am torn between the two: I desire to depart and be with Christ, which is better by far;

24. but it is more necessary for you that I remain in the body.

25. Convinced of this I know that I will remain, and I will continue with all of you for your progress and joy in the faith,

26. so that through my being with you again your boasting in Christ Jesus will abound on account of me.

### **"SUFFERING WELL"**

Paul wrote to his Christian friends from his Roman house arrest. His main message to the Philippians is to be steadfast in faith with joy and courage in doing God's work. Even though Paul and these faithful servants of the Gospel would be challenged and face persecution and danger, their lives as Christians should be consistent with the truth of God in Jesus Christ, who gave Himself up in love for the good of others.